

OLD CHURCH SWIM LESSONS



\$90 / SESSION

THE OLD CHURCH EXPERIENCE

- Learn safety skills, how to float, breath control, freestyle and backstroke (depends on skill level)
- Progressive curriculum
- Open to all levels, ages 3+ to adults
- Professional coaches with swim team experience
- 30-minute lesson slots, packages of 3
- Three times per week (same time slot each day for one week)
- Open to non-members (additional guest fee \$5 / lesson)

**SESSIONS RUN WEEKLY
MONDAY-FRIDAY
2-3X PER WEEK**

**TIME SLOTS AVAILABLE BETWEEN
10:30AM – 5:30PM**

**Register today to
secure your slot and
build confidence in
the water!**

**Coach Courtney
804-363-3488**

**Register at
www.olchurchcc.com**

**[oldchurchswimlessons
@gmail.com](mailto:oldchurchswimlessons@gmail.com)**